



1-week & 2-week program at HIVE BIO Malta*

Ketamine Treatment for depression, anxiety,
addictions and burnout

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1-week immersive program offers the ideal conditions for a profound
and lasting healing.

2-week intense retreat program has been specifically curated for those
who are seeking to deepen their self-discovery and healing.

Your stay at HIVE BIO Malta

	1-WEEK PROGRAM	2-WEEK PROGRAM
Numbers of preparation sessions (remotely - before arrival at HIVE BIO Malta)	3	3
Medical check-up on arrival	☑	☑
Talk therapy on site (at HIVE BIO Malta)	2	4
Ketamine Assisted Psychotherapy Sessions (KAP)	3	6
Numbers of aftercare integration sessions (remotely, after leaving HIVE BIO Malta)	3	3
<p>Complementary activities</p> <p>Mindfulness and body oriented therapy</p> <ul style="list-style-type: none"> • Yoga • Meditation • Breathwork • Cold baths • Massages • Chi gong <p>Exploring creativity and hands-on artistic activities</p> <ul style="list-style-type: none"> • Watercolour Art • Mandala Integration • Hand Lettering Integration <p>Reconnecting with nature and wilderness</p> <ul style="list-style-type: none"> • Hiking to Places of Natural Beauty • Equine-assisted psychotherapy <p>Coaching and personal empowerment</p> <ul style="list-style-type: none"> • Educational Activities & Creating New Habits • Healing with Food Workshop • Evening Talks <p>Sensorial Integration</p> <ul style="list-style-type: none"> • Aromatherapy • Sound Healing • Dance/Movement Therapy 		
Accommodation in a Villa in Gozo (7 days and 6 nights)	☑	☑
Delicious personalised healthy meals	☑	☑
Transfer from and to Malta international airport	☑	☑
Price	8 000 EUR	14 000 EUR

Your stay at HIVE BIO Malta includes:

- Preparation before the retreat (online therapy sessions) and aftercare support;
- Medical check-up upon arrival;
- Accommodation at our beautiful facilities in Gozo;
- Multiple sessions of talk therapy;
- Medically supervised psychedelic session(s) with ketamine;
- Hiking to places of immense natural beauty;
- Mindfulness practices;
- Physical activities;
- Wellness activities;
- Delicious meals per day, depending on an individualised and optimised meal plan ;
- 24-h medical and therapeutic support;
- Preparation for home—setting up daily habits.

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Reservations: hivemalta@hive.bio